

## SAFETY TIP 1: Preventing cuts



- Do not drop knives into dishwasher
- Keep knives out of the sink
- Clean knives immediately after use or place in a container labelled **“knives only”** near the sink
- Use a **non slip cutting board** or flat surface
- Use the right knife for the job and make sure it is sharp
- Store knives securely in proper racks in a visible place
- Always hold the knife with your stronger hand
- Curl your fingers and cut away from your body when trimming or de-boning
- Avoid distractions
- Wear protective equipment such as cut-resistant gloves if necessary



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