

PART 8

MUSCULOSKELETAL INJURIES

Risk assessment

8.1(1) when an employer is aware, or ought reasonably to have been aware, or has been advised, that a work activity creates a risk of musculoskeletal injury, the employer must

- (a) ensure that the risk is assessed; and
- (b) on the basis of the assessment, implement control measures to eliminate or reduce, so far as is reasonably practicable, the risk of musculoskeletal injury to the worker.

8.1(2) The control measures may include one or more of the following:

- (a) providing, positioning and maintaining equipment that is designed and constructed to reduce or eliminate the risk of musculoskeletal injury;
- (b) developing and implementing safe work procedures to eliminate or reduce the risk of musculoskeletal injuries;
- (c) implementing work schedules that incorporate rest and recovery periods, changes to workload or other arrangements for alternating work;
- (d) providing personal protective equipment in accordance with Part 6 (Personal Protective Equipment).

8.1(3) An employer must

- (a) monitor the effectiveness of any control measure implemented to eliminate or reduce the risk of musculoskeletal injury; and
- (b) where the monitoring identifies that a risk of musculoskeletal injury is not being or has not been eliminated or reduced, implement further control measures, where it is reasonably practicable to do so.

Duty to inform workers

8.2 An employer must ensure that every worker who may be exposed to a risk of musculoskeletal injury

- (a) is informed of the risk and of the signs and common symptoms of any musculoskeletal injury associated with the worker's work; and
- (b) receives instruction and training respecting any control measure implemented by the employer.