



First Aid Supplies Checklist

Manitoba legislation requires workplace to have one first aid kit for every 25 workers. Each kit must contain, at minimum, the following items:

General Items	Yes – Fully Stocked	No – Number Needed
Recent edition of a first aid manual		
Pair of impervious disposable gloves		
Disposable resuscitation mask		
Disposable cold compress		
12 safety pins		
Splinter forceps		
One pair of 12 cm bandage scissors		
25 antiseptic swabs		
Waterless hand cleaner		
Waterproof waste bag		
Dressings (individually wrapped and sterile)	Yes – Fully Stocked	No – Number Needed
16 surgical gauze pads (7.5 cm square)		
4 pads (7.5 cm x 10 cm, non adhesive)		
32 adhesive dressings (2.5 cm wide)		
2 large pressure dressings		
Bandages	Yes – Fully Stocked	No – Number Needed
3 triangular bandages (1 m each)		
2 conforming bandages (10 cm each)		
2 rolls of 2.5 cm adhesive tape		
1 roll of 7.5 elastic adhesive bandage		
2 rolls of 7.5 cm tensor bandage		